

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**OFFICE VISIT QUESTIONNAIRE**

**Reason for your Visit today (please circle):** WELL WOMAN VISIT / PROBLEM / PREGNANCY

During my exam today, I (please circle): decline a chaperone / desire a chaperone

\_\_\_ **NO GYN problems today!**

GYN PROBLEM(s) you would like to discuss today (please circle):

**Any additional time and/or discussion outside the scope of a well woman visit will generate an additional charge to your insurance company.**

\_\_\_ **Abnormal Periods:** No periods / Skipping periods / Bleeding between periods / Painful periods / Bleeding heavily  
Extreme Mood changes with periods / Menstrual headaches / Menstrual migraines

\_\_\_ **Vulvar / Vaginal problems:** Abnormal Discharge / Odor / Itching / Pain / Irritation / Cyst / Ulcer / Lump / Boils  
Tissue bulging out of vagina  
Want STD check (genital cultures and/or labs)

\_\_\_ **Pelvic problems:** General Pelvic Pain / Pelvic Pressure / Ovarian Cyst

\_\_\_ **Urinary symptoms:** Painful urination / Urgency / Frequency / Incontinence / Blood in urine / Incomplete emptying

\_\_\_ **Problems with sex:** Painful sex / Bleeding after sex / Vaginal Dryness / Decreased Libido

\_\_\_ **Contraception:** Want to discuss options / Want to change contraception / Need Contraception Refill / IUD string check

\_\_\_ **Breast symptoms:** Breast pain / Breast lump / Fibrocystic breast disease / Rash / Nipple discharge / Breast feeding

\_\_\_ **Menopausal symptoms:** Hot Flashes / Night sweats / Difficulty with Memory & Concentration / Moodiness

\_\_\_ **Infidelity:** Suspect or Known Infidelity by partner / Unfaithful to partner

\_\_\_ **HPV Vaccination (<27 y/o are candidates):** Want information/ Need 1st shot / Need 2nd shot / Need last shot

\_\_\_ **Preconception Consultation**

\_\_\_ **Infertility:** Difficulty getting pregnant / Difficulty staying pregnant

\_\_\_ **Pregnancy symptoms:** Bleeding / Breast tenderness / Nausea / Throwing up / Cramping / Constipation

\_\_\_ **Dermatologic:** Acne / Excessive hair growth on face / Excessive hair growth on chest/ Excessive hair growth on lower belly

\_\_\_ **Other:** \_\_\_\_\_

**Medical/Psychiatric History** (update if anything is new; if nothing to update, please write "n/a"):

**Surgical History** (update if anything is new; if nothing to update, please write "n/a"):

**GYN History:** When was the first day of your last period (LMP)? \_\_\_\_\_ And the period before that (PMP)? \_\_\_\_\_

How often do you get your period? \_\_\_\_\_ # of days you bleed: \_\_\_\_\_

Current Birth Control: \_\_\_\_\_ Currently Sexually Active: Yes / No New partner in last year: Yes / No

Cumulative # of Male partners til now: \_\_\_\_\_ Heterosexual / Homosexual / Bisexual **Sexual Activity:** Vaginal / Anal / Oral

**OB History:** (update if anything is new; if nothing to update, please write in "N/A")

**Medications:** (list all current medications; prescription, homeopathic and over-the-counter)

**Drug Allergies:** (list reaction to medication)

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Update your Family History:** 1<sup>st</sup> or 2<sup>nd</sup> degree relatives only (parents, children, siblings, aunts, grandparents)

Depression  Bipolar Disease  Schizophrenia  Alzheimers  Parkinsons  Stroke  
 Hypertension  Diabetes  Heart Attack  Blood Clots (DVT/PE)  
 Breast Cancer  Ovarian Cancer  Uterine Cancer  Colorectal Cancer  Stomach Cancer  Kidney/urinary tract Cancer  
 Brain Cancer  10 or more colon polyps  Melanoma  Pancreatic Cancer  Other Cancer \_\_\_\_\_  
 Ashkenazi Jewish Descent Have you or your family members test **positive** for Hereditary Risk of Cancer? Yes / No  
 Endometriosis  PCOS Any other Pertinent FAMILY history: \_\_\_\_\_

**\*\*If you are PREGNANT, please check if any of the following applies to you, the baby's father, or anyone in either family:**

Thalassemia  Spina Bifida  Heart Defect  Down Syndrome  Tay Sachs Disease  Canavan Disease  
 Sickle cell trait/dz  Hemophilia  Muscular Dystrophy  Cystic Fibrosis  Huntington's Disease  
 Mental Retardation  Autism  Fragile X Syndrome  Inherited Genetic Disorders  PKU  
 Recurrent pregnancy loss or stillbirth  Other birth defects: \_\_\_\_\_  
Pre-pregnancy Tobacco \_\_\_\_\_ Pre-pregnancy Alcohol \_\_\_\_\_ Pre-pregnancy Illicit Drugs \_\_\_\_\_  
Date of First Positive HOME Pregnancy Test: \_\_\_\_\_

**Social History:**

Partner's name: \_\_\_\_\_ Single /Married /Engaged /Separated /Divorced /Widowed /Common Law  
Children's names: \_\_\_\_\_  
With Whom do you live? \_\_\_\_\_ Your Occupation: \_\_\_\_\_  
Diet: No restrictions/Vegetarian/Pescatarian/Gluten-free/Lactose intolerant/Other: \_\_\_\_\_ Caffeine Intake: \_\_\_\_\_ cups per day  
Exercise: None / Occasional / Moderate / Heavy; Exercise Type: \_\_\_\_\_ How many times per week? \_\_\_\_\_  
Tobacco: Don't smoke \_\_\_\_\_; Quit \_\_\_\_\_; Social smoking \_\_\_\_\_; \_\_\_\_\_ packs/cigs per day; \_\_\_\_\_ # of years smoking; Trying to quit? Yes / No  
Alcohol use: Don't drink \_\_\_\_\_; Drink socially \_\_\_\_\_; Drink regularly \_\_\_\_\_; Dependence on Alcohol \_\_\_\_\_; Involved in AA \_\_\_\_\_  
Illegal drugs: Never used drugs \_\_\_\_\_ Past Regular Drug Use: \_\_\_\_\_ Current Drug Use: \_\_\_\_\_  
Current or History of Verbal Abuse: Yes / No By Whom: \_\_\_\_\_  
Current or History of Physical Abuse: Yes / No By Whom: \_\_\_\_\_  
Current or History of Sexual Abuse: Yes / No By Whom: \_\_\_\_\_

**Review of Systems:** Please **CHECK** what is **CURRENTLY** pertinent to you.

**General:** Fever / Chills / Weight Loss / Weight gain / Fatigue / Loss of Energy / Loss of appetite /Other: \_\_\_\_\_  
**Psychiatric:** Depression / Anxiety / Irritability / Suicidal ideation / Homicidal ideation /Other: \_\_\_\_\_  
**Skin:** Rash / Dry Skin / Suspicious Mole / Hair loss / Other: \_\_\_\_\_  
**Neurologic:** Headaches / Dizziness / Fainting spells / Seizures/ Weakness / Numbness / Other: \_\_\_\_\_  
**Endocrine:** Cold Intolerance / Heat intolerance /Other: \_\_\_\_\_  
**Eyes/ Ears/ Nose/ Mouth/ Throat:** Double vision / Visual Disturbance / Hearing Impairment / Oral ulcers /Other: \_\_\_\_\_  
**Cardiovascular:** Chest pain / Palpitations / Varicose veins / Other: \_\_\_\_\_  
**Respiratory:** Wheezing / Shortness of breath / Cough / Other: \_\_\_\_\_  
**Gastro-intestinal:** Abdominal pain / Nausea / Throwing up / Constipation / Diarrhea / Blood in stool / Other: \_\_\_\_\_  
**Musculoskeletal:** Joint Pain / Bone Fracture / Muscle Aches / Back pain / Leg Cramps / Swelling / Other: \_\_\_\_\_  
**Allergy/ Immunology:** Seasonal Allergies / Food Allergies / Itching/ Hives / Other: \_\_\_\_\_  
**Heme/ Onc/ Lymphatic:** Bruise easily / Bleed easily / Chemo or Radiation Therapy / DVT / Other: \_\_\_\_\_

Update if pertinent:

Date of Last MAMMO: \_\_\_\_\_ Date of Last Colonoscopy: \_\_\_\_\_ Date of Last Bone Density (DEXA): \_\_\_\_\_